

BULLETIN

of the
MAHONING COUNTY
MEDICAL SOCIETY

Volume XLVII

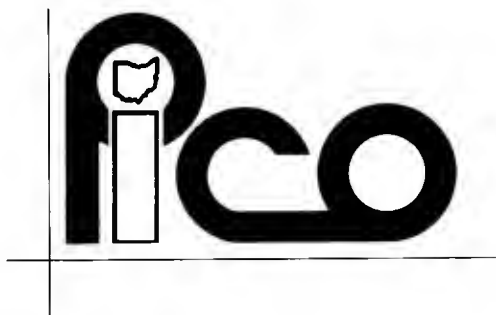
NOVEMBER, 1977

Number 8



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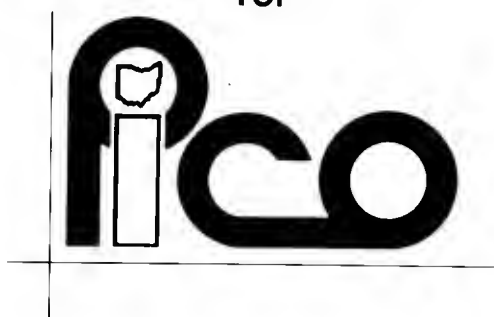
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MAHONING COUNTY MEDICAL SOCIETY MEETINGS — 1977

Tuesday	Tuesday	Tuesday	Thursday	Tuesday	Tuesday
Jan. 18	Mar. 15	May 24	Sept. 22	Nov. 15	Dec. 20

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From the Desk of the President

In the seemingly endless battle between Medicine and Government, an interesting situation has developed. Two powerful bureaucracies are now fighting over us, and it seems to me that no matter who wins, our patients lose.

Ever since Government started paying for medical care, the Dept. of H.E.W. has been stuffing more and more regulations down our throats in order to try to replace the health care lid that predictably has blown off. Medicine, also predictably, has been the scapegoat because, once again predictably, we have been unable to clamp down the lid ourselves. Of course how much clamping needs to be done is also a matter of debate, especially since he who is buying is not necessarily the one who is paying the bill.

As this regulatory effort progresses, one can not help but be concerned that the regulators are slowly but surely engulfing us and we will soon be the regulated, and that our patients will end up being P.S.R.O.ed, H.S.A.ed, U.R.ed, and on and on.

Suddenly, however, out of the blue, appear the trust busters with a whole new slant on things. Armed with a recent U.S. Supreme Court decision that says the professions are not necessarily immune from the antitrust laws, the Federal Trade Commission and the U.S. Justice Dept. are beginning to consider medicine purely as a business. Now we are told that medicine must be deregulated, and that self regulation is another example of the proverbial fox guarding the henhouse. Who ever heard of General Motors regulating itself? The laws of the free market must prevail. We should compete with each other. We should advertise. No relative value scales. No fee schedules. That'll bring down the costs!

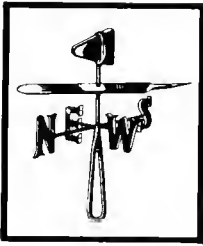
Does the hospital refuse to allow the generalist to do thoracic surgery in order to protect the public or in order to protect the chest surgeons? Does the American Academy of Pediatrics certify pediatricians to raise the standards of pediatric practice or to limit the number of pediatricians? These are the questions that the F.T.C. is asking.

You and I may think that this line of reasoning must be the result of some sort of mass oligophrenia. However this appears to be the wave of the future—at least the near future. Will H.E.W. regulate us or will the F.T.C. commercialize us?

One might hope that H.E.W. and the F.T.C. will enter into a ferocious battle and neutralize each other. However, it appears to me that the two are on the same team, and a more likely scenario will be H.E.W. racing down the field with the ball, heading for the goal of the complete nationalization of medicine with the F.T.C. running interference and blocking out the defense—organized medicine.

How do we resist this threat to our professional freedom? I don't know. I do know, however, that it will take unity of purpose and that we had best gear up and have at it or we will end up as providers rendering a government controlled service to consumers and the consumers will suffer more than the providers.

—J. James Anderson, M.D.
President



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of the Mahoning County Medical Society

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NOVEMBER, 1977



Number 8

The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

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A. Reed Hoffmaster, M.D.

EDITOR EMERITUS

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John C. Melnick, M.D.

James A. Lambert, M.D.

Jack Schreiber, M.D.

Editorial

TWO RECENT MEETINGS

As I terminate my first year on the Council of the Mahoning County Medical Society, I remain concerned with the lack of response and participation of the society's members in our organization. Throughout this year, it has become ever more manifest that the business of this body continues to be conducted by a small cell of dedicated individuals without significant input from our group as a whole.

With concern for this high percentage of non-participation, our recent "old-fashioned" meeting at the Fonderlac Country Club was designed by our officers in an attempt to stimulate enthusiasm, thus hopefully increasing attendance. By my own estimation, presence at that meeting could not have exceeded fifteen-percent of our entire membership, at best an extremely disappointing response. Fortunately, several days later, a slightly better turn out occurred at the Youngstown Country Club as our society, aided in this instance by its loyal Auxiliary, had the opportunity to entertain our area legislators. Even here attendance was disappointingly sparse as we enjoyed an excellent opportunity to express personally our views to those who ultimately hold our profession's future in their hands.

While most of us pledge active support to our respective specialty organizations, we tend to ignore that such support alone is somewhat fragmentary when we consider the multitude of specialties involved. We do need a strong, unified political voice to attempt to accomplish our goals for American medicine. This in my opinion, can only be accomplished by a much more active support of our local medical society. With adequate local support from all areas in our country, we should certainly have a united voice, and thus a more potent role, in shaping the future of American medicine.

—A. Reed Hoffmaster, M.D.
Editor

NOVEMBER MEETING

Nominations and the Medical School will share the spotlight at the Nov. 15th meeting of the Mahoning County Medical Society.

To be nominated at the meeting will be the president, the vice president and the secretary, along with one delegate to the Ohio State Medical Association, two alternate delegates and four members of Council. In addition members will nominate two trustees to the Mahoning County Medical Society Foundation and a representative to Blue Cross of Eastern Ohio. The report of the Nominating Committee will be presented in the form of a ballot at the meeting.

Officials of the Northeastern Ohio Universities College of Medicine will be guests and will be called upon to comment on the School's progress. Dr. Leonard P. Caccamo will be presented a plaque in appreciation of his work toward bringing the Medical School to Youngstown State University.

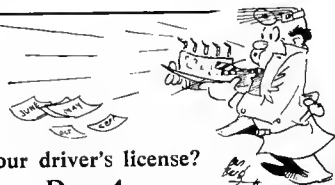
In other business, members will be asked to consider a raise in dues beginning with 1978. The meeting will be at the Youngstown Club, with dinner at 6:30 p.m.

MEDICAL SCHOOL UP-DATE PUBLISHED

A comprehensive three-page article about the Northeastern Ohio Universities College of Medicine appeared in the Oct. 1977 issue of the *Ohio State Medical Journal*. The story, written by Robert A. Liebelt, Ph. D., M.D., Dean, outlined the historical background, the objectives, facilities and faculty of the new medical school and gave an up-to-date report on the curriculum and the students who have just entered the medical school proper, and who may expect to be graduated as the first class in 1981.

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S. M. Kalavsky

Nov. 17
J. J. Turner
F. R. Pruitt

Nov. 18
H. N. Bennett
F. R. D'Amato
A. T. Deramo

Nov. 19
L. E. Slusher
G. Klebanoff

Nov. 21
G. D. Sangvai

Nov. 22
G. D. Fry

Nov. 23
B. M. Schneider
V. K. H. Sonntag

Nov. 24
C. S. Lowendorf

Nov. 25
V. Holonko
G. J. Nigam
T. Firdaus

Nov. 26
S. V. Squicquero
R. R. Rich

Nov. 27
R. V. Bruchs

Nov. 28
C. H. Weidenmier

Nov. 30
S. E. Tochtenhagen

Dec. 1
D. R. Bernat

Dec. 2
C. A. McReynolds

Dec. 3
C. F. Wagner

Dec. 4
H. J. W. Marcella
C. A. Hixson

Dec. 9
B. E. Einfalt
Y. Amorn

Dec. 10
H. L. Shorr
B. M. Bowman

Dec. 12
W. R. Johnson
H. A. Parris
P. P. Zafirides
H. L. Myers, Jr.

Dec. 13
E. A. Shorten

Dec. 14
J. L. Solana

Dec. 15
F. G. Kravec
S. G. Adornato

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ALCOHOLIC CLINIC — REVIVED

Recent changes at the Alcoholic Clinic of Youngstown have significantly expanded and improved the services which this thirty year old residential treatment facility offers to the ill alcoholic person and to his family physician. New leadership, Jerry Carter—Director, at the Clinic has produced augmented professional staff and has increased both the quantity and quality of detoxification and rehabilitation programming for alcoholic people. The changes have been dramatic and have been covered in considerable and accurate detail by Ms. Jane Lamb in the Youngstown Vindicator article (October 11, 1977) which cited the changes as leading to "a better chance for recovery for the area's problem drinkers."

The Clinic now offers, through its detoxification unit, treatment for the acute medical emergency presented by the withdrawal from the drug, alcohol. Under the direction of Suzanne Trimbath, R.N., patients receive quality around-the-clock care by registered nurses specially trained in the unique skills required to treat alcoholics. Local physicians, Douglas A. Walsh and William G. Paloski, provide diagnostic evaluation, daily treatment and medical supervision of Clinic patients. They welcome participation in the medical management of Clinic patients by referring attending physicians and family doctors who are urged to report any medical idiosyncrasies peculiar to their patients that require special medical management while the patient is being detoxified. The Clinic medical staff is eager to share, at the family physician's request, the reports of medical and rehabilitation progress exhibited by their patients while in treatment and they point to the power of the family doctors' voice in reinforcing the longer term post discharge rehabilitation plan developed at the Clinic.

In addition to medical management, Clinic patients receive professional counseling to assist them in coming to recognize that they are indeed ill and motivate them to begin recovery.

The Clinic has been fortunate to recently acquire the services of Frank L. Simeik, M.Ed., formerly Clinical Supervisor at Community Life Services Alcoholism Treatment Program near Philadelphia, Pennsylvania, and Frank along with a highly skilled staff of counselors and a licensed Clinical Psychologist, directs the psychological counseling and rehabilitation activities of the Clinic. Patients receive intensive education regarding alcoholism through a series of lectures, films, tapes and group educational experiences. Additionally, they receive quality individual and group counseling commensurate with their individually designed treatment plans. Patients typically remain on the detoxification unit for a minimum of five days, but they now have the option of extending their treatment at the Clinic by electing to stay for the short term intermediate care unit where they can remain for an additional period (typically five to ten days) if necessary. During this time of extended treatment, more in-depth counseling is possible and both the patient and his family are given the kind of caring consideration necessary to insure recovery. Techniques found successful at facilities such as Chit Chat Farms (in Eastern Pennsylvania) and Hazelden (in Minnesota) are employed to facilitate this process. The Clinic now maintains affiliation and transfer agreements with appropriate local general hospitals, extended care facilities and out patient clinics in order to insure the continuity of care necessary to the recovery from this life threatening illness. Although the traditions of the Fellowship of Alcoholics Anonymous prevent direct affiliation with any professional organization, the staff at the Clinic enjoy a close working relationship with many recovering alcoholic people. Exposure to A.A. and referral to this the most successful long term treatment for alcoholics is seen as high on the list of treatment priorities for Clinic patients.

You may ask, "What does this expansion and upgrading of services at the Clinic mean to the front line family physician whose practice is literally

full of people whose presenting symptoms and illnesses are really secondary to heavy drinking or alcoholism?" The meaning is clear. This area now has a rehabilitation resource available for the high quality professional diagnosis and treatment of this devastating illness. It exists to aid the family physician, to take the burden of direct involvement in the day-to-day treatment of alcoholism from his busy shoulders. If the symptoms of alcoholism are obvious and a resource for detoxification is needed, the Clinic is now the place to send your patients. If a drinking problem is suspected but the danger of acute withdrawal symptoms is minimal, admission to the Clinic for inpatient diagnostic evaluation and counseling is also appropriate. In many cases, this may prevent the emotional pain and physical consequences that may develop in later-stage alcoholism.

Over the years, I have maintained a personal interest in alcoholism treatment and have kept abreast of developments in this field nationwide. I have also, for many years, kept myself aware of the treatment resources at the Clinic. I can report today a firm conviction that this area *now* has a facility for the treatment of alcoholism that provides high quality care that is comparable to that across the nation and I recommend that you use it. For information or referral, call the Alcoholic Clinic of Youngstown at 744-1181 or the Clinic's Physicians, Dr. Douglas A. Walsh at 755-3233 or Dr. William G. Paloski at 744-5294. If you care to or would please make an inspection visit, just call Mr. Carter, so he can arrange to meet you.

—LEWIS K. REED, M.D.

WE ARE 105

The Mahoning County Medical Society will observe its 105th birthday on November 13th. The first meeting was held on that date in 1872.

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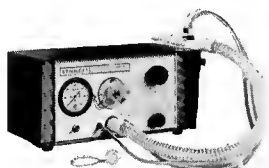
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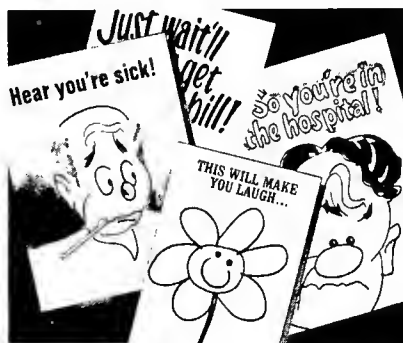
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From the Bulletin

FORTY YEARS AGO — NOVEMBER 1937

The late Jos. Rosenfeld wrote that sulphanilamide was generally believed to be a valuable therapeutic agent, but it possessed definite toxic qualities.

Fred Coombs was in Boston at the Massachusetts General for a year of Internal Medicine, Al Cukerbaum was back from two years in New York to practice Dermatology and Allergy. John Renner was at the University of Pennsylvania studying Surgery.

P. R. McConnell, W. E. Maine, J. K. Herald, M. J. Sunday and M. M. Szucs were appointed to the St. Elizabeth's Hospital staff.

New members of the Society were: Craig Wales, Milton Yarmy, Gabriel DeCicco, Barclay Brandmiller and M. M. Szucs.

THIRTY YEARS AGO — NOVEMBER 1947

President McKelvey was concerned about the difficulty reported by some people in obtaining a doctor at night. He reminded the public that everyone should have a family doctor and that doctors seldom go out at night for unknown persons. He cited the case of Dr. Getty who was held up and severely injured while making a night call.

J. P. Harvey was studying Cardiology at Massachusetts General. Martin Conti returned from the Navy and opened his office for the practice of Surgery. J. E. L. Keyes was in Chicago conducting examinations for the American Board of Ophthalmology.

New members were Eugene Elder, Robert Kiskaddon, Stephen Ondash, Andrew Detesco, Herbert Hutt, James Miller, Durbin Yoder, Charles Stertzach and Bernard Schneider.

TWENTY YEARS AGO — NOVEMBER 1957

Editor Pichette wrote about Old Age and Survivors Insurance commonly known as Social Security. He said it was insurance without any contract which made it possible for Government to change the cost and terms of the policy at will and the insured public had little to say about it. (What a prophetic statement that turned out to be.)

The shortage of Salk Polio Vaccine was over. HEW urged medical societies to put on campaigns to get everyone under 40 years of age immunized. Asian Flu was rampant and vaccine for it was in short supply.

The new members that month were: R. W. Wiltsie, Jack Malkoff, Bertram Katz, I. Berke, W. H. Bunn, Jr., A. T. Laird, F. W. Dunlea, Wm. Taake and A. V. Banez.

TEN YEARS AGO — NOVEMBER 1967

We were still giving Asian Flu Vaccine and being warned of another impending Asian Flu epidemic. Lederle was advertising the new live, oral, trivalent Polio Vaccine developed by Dr. Sabin.

The passing of an era was marked by the deaths of two of Youngstown's most noted and dearly loved surgeons - - Dr. A. E. Brant and Dr. W. O. Mermis. They grew up in the pioneer days of Surgery and yet managed to accept and even improve on the new modern techniques of Surgery. These great men bridged the gap and led the way for the rest of us into the modern techniques. Yet neither forgot the importance of the kind word, the reassurance, the bedside manner that means so much to the patient and his family. They left behind them a legacy of humanitarian service which remains unmatched. They were the "Sir William Oslers" of our time.

New active member that month was Dr. John K. Altier. What a large pair of shoes he has to fill!

—J. L. F. & R. R. F.

PROCEEDINGS OF COUNCIL

Oct. 11, 1977

The regular meeting of the Council of the Mahoning County Medical Society was held on Tuesday, Oct. 11, 1977, at the Youngstown Club.

The treasurer presented the bills and a proposed 1978 budget as a report of the Budget Committee. The motion was made, seconded and duly passed that the bills be paid. The motion was made, seconded and duly passed that the 1978 Budget be accepted as proposed. The Committee was commended for holding the budget increase to within the normal accepted inflationary increase.

Dr. Anderson read a letter of invitation to attend the Health-O-Rama to be held by Westminster Presbyterian Church. He also read his proposed answer, outlining the position of the Medical Society toward screening programs. The motion was made, seconded and duly passed that the letter from Dr. Anderson be sent with the approval of Council.

A letter was read from the Huron County Medical Society calling for a special meeting of the Ohio State Medical Association to ask OSMA to take a position on the AMA bill on National Health Insurance. The motion was made, seconded and duly passed that we support Huron County and request a special meeting of OSMA. It was noted that a special meeting requires requests from 23 counties.

Dr. Sovik reported receipt of a letter from Brent Mulgrew, OSMA, calling attention to S.B. 314, designed to protect a third party in cost control investigation. A copy of the letter will be sent to every member of Council for perusal, and to the chairman of the legislative committee.

Dr. Anderson presented a resolution honoring Dr. L. P. Caccamo for the work that he did in bringing a medical school to Youngstown. The motion was made, seconded and duly passed that the resolution be approved and that officials of the Medical School be invited to the meeting where the resolution and a plaque are presented.

Dr. Anderson announced the names of the members of the Nominating Committee and of the Physicians Directory Committee.

Dr. Dietz reported a successful Medical Assistants Dinner, attended by 394 persons.

Dr. Anderson reported that the program of the Immunization Committee is under way.

NEW INTERN-RESIDENT MEMBERS

Two physicians were voted Intern-resident Members of the Mahoning County Medical Society at the Oct. 18th meeting. They are:

Dr. Sundaram Harikrishnan

Dr. Laxmaiah Manchikanti

Applicants for this category are announced at one meeting and voted upon by the membership at the next meeting. In other categories, the names of applicants are read at one meeting and the applications are then given to the Board of Censors who present them to the Council for final vote.

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and caffeine, 32 mg.



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c CODEINE
#3**

Each tablet contains:
codeine phosphate, 30 mg (gr ½),
(Warning: May be habit-forming);
and acetaminophen 300 mg.



Burroughs Wellcome Co.
Research Triangle Park
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